Co-Curricular Handbook
2013
At Hunter Valley Grammar School, academic and co-curricular activities are seen as linked in the overall holistic development of the student. A wide ranging co-curricular programme compliments the academic life of students. We encourage all students to become highly committed in both of these domains.

This handbook summarises our cultural, sporting and related co-curricular opportunities for the information of parents and students. Should you have any queries, please do not hesitate to contact, depending on the area of interest, Mr Tony Burgess, Director of Sport or Mr Jack Machin, Director of Music or any of the co-ordinators listed in the Handbook.

We look forward to seeing all students take a full and active part in the co-curricular life of the school.

**Student responsibilities**

We must insist that, when a student accepts membership of a school team or group, she or he accepts all the commitments involved in that membership. It is, therefore, not acceptable for students to miss practices, matches or performances or to arrive late for these commitments.

While students must be discouraged from making personal arrangements which conflict with their co-curricular commitments, it is important also that parents do not place their children in a position that forces them to compromise their responsibilities to their team or group. We encourage parents to recognise their child’s obligations to his/her team or group, and ensure that these obligations are met.

If for some reason a student is unable to attend a practice session, a written note from parents or guardian, requesting that a student be excused will be required for students. This should be given to the appropriate coach. Students will appreciate that this is only a matter of common courtesy.
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Junior School K-2 Choir

Co-ordinator: Sheree Harvie, Belinda Polwarth, Belinda Morton
Email: harviethompsons@hvgs.nsw.edu.au
Staff Room: Music Block
Conductor: Sheree Harvie
Brief Description of activity/competition: Rehearsals and performances
Year levels involved: Years K – 2
Length of season or terms involved: All Year
Rehearsal times: Wednesday 7:50am - 8:30am
Venue: Orchestra Room
Approx. costs involved: Nil
Other requirements/information: In person
Equipment Required: Black Spiral Bound A4 Folder, Pencil & Eraser

Junior School 3-6 Choir

Co-ordinator: Jack Machin, Andrea Ferguson and Belinda Morton
Email: machinj@hvgs.nsw.edu.au
Staff Room: Music Block
Conductor: Jack Machin
Brief Description of activity/competition: Rehearsals and performances
Year levels involved: Years 3 - 6
Length of season or terms involved: All year
Rehearsal times: Thursday 7:50am - 8:30am
Venue: Orchestra Room
Approx. costs involved: Nil
Other requirements/information: Students are required to wear full school uniform for most performances. (No hats - white ribbons for girls). Performances vary from assembly presentations to HRIS Cultural Festival. Notification to carers is via the newsletter and note sent home from the music
department.

**Senior Vocal Ensemble**

Co-ordinator: Jack Machin, Greg Robinson and Belinda Morton

Email: machinj@hvgs.nsw.edu.au

Staff Room: Music Block

Co-ordinator: Jack Machin

Brief Description of activity/competition: Rehearsals

Year levels involved: Years 7 - 12

Length of season or terms involved: All year

Rehearsal times: Thursday 3:00pm – 4:30pm

Venue: Orchestra Room

Approx. costs involved: Nil

Other requirements/information: Nil

Equipment Required: Black Spiral Bound A4 Folder, Pencil & Eraser

**Junior Concert Band**

Co-ordinator: Steve Morton and Jack Machin

Email: machinj@hvgs.nsw.edu.au

Staff Room: Music Block

Co-ordinator: Jack Machin

Brief Description of activity/competition: Junior Concert Band Rehearsals

Year levels involved: Years 4 - 6

Length of season or terms involved: All year

Rehearsal times: Friday 7:50am – 8:30am

Venue: Orchestra Room

Approx. costs involved: Nil

Other requirements/information: Instrument

Equipment Required: Black Spiral Bound A4 Folder, Pencil & Eraser
**Senior Concert Band**

Co-ordinator: Jack Machin and Steve Gidney

Email: machinj@hvgs.nsw.edu.au

Staff Room: Music Block

Conductor: Jack Machin

Brief Description of activity/competition: Concert Band Rehearsals

Year levels involved: Years 7 - 12

Length of season or terms involved: All Year

Rehearsal times: Tuesday 3:00pm to 4:30pm

Venue: Percussion Studio

Approx. costs involved: Nil

Other requirements/information: Instrument and Music Book

Equipment Required: Black Spiral Bound A4 Folder, Pencil & Eraser

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**Stage Band Senior**

Co-ordinator: Steve Gidney, Steve Morton and Jack Machin

Email: machinj@hvgs.nsw.edu.au

Staff Room: Music Block

Conductor: Steve Gidney

Brief Description of activity/competition: Senior Stage Band Rehearsals

Year levels involved: Years 7 - 12

Length of season or terms involved: All Year

Rehearsal times: Tuesday 4:30pm - 6:00pm

Venue: Percussion Room

Approx. costs involved: Nil

Other requirements/information: Instrument

Equipment Required: Black Spiral Bound A4 Folder, Pencil & Eraser
**Rock School**

Co-ordinator: Daniel Wisemantel  
Email: wisemanteld@hvgs.nsw.edu.au  
Staff Room: Music Block  
Conductor: Daniel Wisemantel  

Brief Description of activity/competition: Rock Band Rehearsals  
Year levels involved: Years 7 – 12  
Length of season or terms involved: All Year  
Rehearsal times: Thursday 3:00pm – 4:30pm  
Venue: Percussion Studio and Practice Rooms  
Approx. costs involved: Nil  

Other requirements/information: Instrument  
Equipment Required: Black Spiral Bound A4 Folder, Pencil & Eraser

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**Junior School String Ensemble**

Co-ordinator: Johnston Parkinson  
Email: parkinsonj@hvgs.nsw.edu.au  
Staff Room: Music Block  
Conductor: Johnston Parkinson  

Brief Description of activity/competition: Rehearsals and performances  
Year levels involved: Junior School String students  
Length of season or terms involved: All Year  
Rehearsal times: Tuesday 7:50am – 8:45am  
Venue: Orchestra Room  
Approx. costs involved: Nil  

Other requirements/information: Students are required to wear full school uniform for most performances. (No hats – white ribbons for girls). Notification to carers is via the newsletter and note sent home from music department.
**Senior Strings**

Co-ordinator: Johnston Parkinson  
Email: parkinsonj@hvgs.nsw.edu.au  
Staff Room: Music Block  
Conductor: Johnston Parkinson  
Brief Description of activity/competition: Symphony Orchestra Rehearsals  
Year levels involved: Years 6 - 12  
Length of season or terms involved: All Year  
Rehearsal times: Tuesday 3:00pm – 4:30pm  
Venue: Orchestra Room  
Approx. costs involved: Nil  
Other requirements/information: Instrument  
Equipment Required: Black Spiral Bound A4 Folder, Pencil & Eraser

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**Junior Percussion Ensemble (K-2)**

Co-ordinator: Steve Morton  
Email: mortons@hvgs.nsw.edu.au  
Staff Room: Music Block  
Conductor: Steve Morton  
Brief Description of activity/competition: Rehearsals and performances  
Year levels involved: Junior School Years (Stage 1 students at the discretion of Steve Morton)  
Length of season or terms involved: All Year  
Rehearsal times: Wednesday 3:00pm – 4:00pm  
Venue: Percussion Studio  
Approx. costs involved: Nil  
Other requirements/information: In person  
Equipment Required: T
### Junior Percussion Ensemble (3-6)

| **Co-ordinator:** | Steve Morton |
| **Email:** | mortons@hvgs.nsw.edu.au |
| **Staff Room:** | Music Block |
| **Conductor:** | Steve Morton |
| **Brief Description of activity/competition:** | Rehearsals and performances |
| **Year levels involved:** | Junior School Years (Stage 1 students at the discretion of Steve Morton) |
| **Length of season or terms involved:** | All Year |
| **Rehearsal times:** | Thursday 3:00pm – 4:00pm |
| **Venue:** | Percussion Studio |
| **Approx. costs involved:** | Nil |
| **Other requirements/information:** | In person |
| **Equipment Required** | TBA |

### Senior Percussion Ensemble

| **Co-ordinator:** | Steve Morton |
| **Email:** | mortons@hvgs.nsw.edu.au |
| **Staff Room:** | Music Block |
| **Conductor:** | Steve Morton |
| **Brief Description of activity/competition:** | Rehearsals and performances |
| **Year levels involved:** | Secondary and Senior Secondary students |
| **Length of season or terms involved:** | All Year |
| **Rehearsal times:** | Friday 3:00pm – 4:00pm |
| **Venue:** | Percussion Studio |
| **Approx. costs involved:** | Nil |
| **Other requirements/information:** | In person |
| **Equipment Required** | TBA |

Small chamber music ensembles also run at the discretion of the instrumental teaching staff (this includes the Ukulele Club and Guitar Ensemble). These ensembles rehearse at Lunch times. Notification of specific time will be published in the School notices early in Term 1, 2013.
**Aerobics**

**Co-ordinator:** Maree Karaka  
**Email:** burgesst@hvgs.nsw.edu.au  
**Staff Room:** Junior School  
**Head Coach:** Allira Bull  
**Teacher in Charge:** Maree Karaka  
**TBA Years 7-12**

**Brief Description of activity/competition:** A 2 minute team routine choreographed to music and judged on synchronisation, technical, artistic and showmanship categories. Training will involve strength, flexibility and learning a routine methodically.

**Competitions / Performances:**  
Term 1 & 2 State and National Competitions (selected students only)  
Term 3 & 4 Spring Challenge

**Year levels involved:** Years 2 - 12  
**Length of season or terms involved:** All Year – as above

**Rehearsal times:** 3:00pm – 4:30pm (TBC)

**Venue:** Cameron Centre

**Approx. costs involved:**  
Registration: $70.00  
Includes competition fees, CD, DVD, end of year presentation and transport to and from State Trials and State Championships.  
- Training uniform: Training leotard and shorts approx. cost $60  
- Competition Uniform: Metallic leotard, shimmer tights, scrunchie, socks & shoes approx. cost $200.00

**Other requirements/information:**  
Students are to represent the School at all events and commit to their team for the duration of the year.  
Students must attend all competitions in School sports uniform.
**Basketball**

**Co-ordinator:** TBA (Secondary) / Tony Burgess (JS)

**Email:** TBA/burgesst@hvgs.nsw.edu.au

**Staff Room:** Senior Centre

**Head Coach** Tony Burgess – Specialist coaches used

**Brief Description of activity/competition:** HVGS Basketball Club - Games are held on weekday evenings (K-12). Representative teams are selected to represent HVGS at HRIS Gala Days. Four Junior School teams, boys and girls 15yrs and Open boys and Open girls' teams participate.

**Year levels involved:** K to Year 12

**Length of season or terms involved:** All Competitions run during Term 2 & 3. Some representative duties such as HRIS and AICES representation takes place in Term 1

**Training times:** Secondary teams train after school - 3.15pm - 4.30pm in the Cameron Centre.

Junior School teams train Fridays 3:15 – 4:00pm in the Cameron Centre

**Venue:** School Teams for HRIS Events train during school times in Cameron Centre

**Approx. costs involved:** Club Teams. Cost are incurred for HVGS registration (approx $25) plus Maitland Club fees (approx $70) as well as game fees (approx $140 per year). No cost involved for knockout or HRIS events. A basketball uniform is also required – purchased from the Uniform Shop.

**Other requirements/information:** Further representative opportunities are available to our talented Basketball players. In the Junior School there is a CIS team to play at PSSA. In Secondary School, HRIS, AICES and CIS teams are selected in the Open divisions

**Athletics**

**Co-ordinator:** Tony Burgess

**Email:** burgesst@hvgs.nsw.edu.au

**Staff Room:** Senior Centre

**Head Coach** Tony Burgess – Specialist coaches used

**Brief Description of activity/competition:** Selection into school team via School Athletics Carnival, then further opportunity for representation at HRIS, AICES, CIS and NSW All Schools

**Year levels involved:** Years 2 - 12

**Length of season or terms involved:** Term 2 - Term 3

**Training times:** Afternoon and sports sessions in Term 2 and 3.

**Venue:** HVGS Ovals

**Approx. costs involved:** HRIS Shirt - $15.00 if representing HRIS - purchase from Uniform Shop

**Other requirements/information:** We aim to offer training to enable athletes to have event specific training as far as NSWCIS
**Cross Country / Running Group**

Co-ordinator: Paul Ivey  
Email:  iveyp@hvgs.nsw.edu.au  
Staff Room: Junior School  
Head Coach: Paul Ivey  

**Brief Description of activity/competition:** Cross Country training and competition. Morning and lunchtime sessions prior to all major carnivals.  

**Year levels involved:** Year 2 - Year 12  
**Length of season or terms involved:** Term 1 and Term 4  

**Training times:** Running Group 7:00am in Term 1 & Term 4 - day yet to be confirmed  
**Venue:** Rugby Oval  
**Approx. costs involved:** HRIS Shirt - $15.00 if representing HRIS - purchase from Uniform Shop  

**Other requirements/information:** Asthma medication required for training sessions and competition.

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**Cricket**

Co-ordinator: Tony Burgess  
Email:  burgesst@hvgs.nsw.edu.au  
Staff Room: Senior Centre  
Head Coach: Tony Burgess (Level 1)  

**Brief Description of activity/competition:** HVGS has three representative cricket teams. In the Junior School the team plays in the Reg Kelly local competition during school time. The Middle School team plays in the Hunter Schools T20 competition, whilst our First XI plays in the Douglas Shield State knockout competition.  

**Year levels involved:** Years 2 - 12  
**Length of season or terms involved:** Term 4 and Term 1 the following year (Summer Terms)  

**Training times:** Sport time  
**Venue:** HVGS Cricket nets  
**Approx. costs involved:** Nil  
**Other requirements/information:** Further representative opportunities are available to our talented cricketers. In Junior School there is a CIS team for boys and for girls to play at PSSA. In Secondary School, CIS and NSW Country Schools teams are selected at U15 and Open divisions.
**Equestrian**

**Co-ordinator:** David Taylor  
**Email:** taylord@hvgs.nsw.edu.au  
**Staff Room:** F Block  

**Brief Description of activity/competition:** HVGS provides opportunities for students to represent the school in a number of equestrian disciplines. These include dressage, show jumping, sporting, rider classes and hacking. These events are conducted at venues in and outside the Hunter Region. The school hosts its own Equestrian Championships in September each year. Competitions at the Championships are held in Dressage and Show jumping. These Championships are open to equestrian students from all schools.

**Year levels involved:** Years 3 - 12  
**Length of season or terms involved:** Equestrian events take place throughout the year.

**Training times and venue:** Equestrian students train their own horses outside school hours. When students reach a high level in their chosen discipline, they can make representation to the School to have lessons during sport time.

**Approx. costs involved:** Costs are dependent on the level of involvement of the student. There are costs associated with the purchase of a horse, tack, attire, travel, entry fees and lessons.

**Other requirements/information:** When competing for the School riders need to wear the School tie, School jumper, white shirt, sand coloured jodhpurs and riding boots. Students have access to an Equestrian team badge, an Equestrian team polo fleece, Equestrian team saddlecloths and brow bands. An Equestrian Handbook is available from the Equestrian Co-ordinator.

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**Football**

**Co-ordinator:** Ralph Maier  
**Email:** maier@hvgs.nsw.edu.au  
**Staff Room:** PDHPE  
**Head Coach:** Ralph Maier  

**Brief Description of activity/competition:** HVGS Soccer Club - The majority of the age division teams play on Saturday (Under 6 +). Our Open Girls team play on Sundays. HVGS play in Hunter Region Soccer Competition. Representative teams are selected to represent HVGS at HRIS Gala Days. Three Junior School teams, 15 Years boys and Open boys and Open girls teams participate. HVGS also participate in the Bill Turner Knock out competitions in 15 Years age division - boys and girls.

**Year levels involved:** K to Year 12  
**Length of season or terms involved:** All Competitions run during Term 2 & 3.

**Training times and venue:** Weekend Teams train after school - 3.15pm - 4.30pm.  
School Teams for HRIS Events and knockouts train during school times.

**Approx. costs involved:** Weekend Teams. Cost ranges from $65 - $120 depending on age. No cost involved for knockout or HRIS events, fees and lessons.

**Other requirements/information:** Further representative opportunities are available to our talented Soccer players. In the Junior School there is a CIS team to play at PSSA. In Secondary School, HRIS, AICES and CIS teams are selected in the Open divisions.
**Golf**

**Co-ordinator:** Tony Burgess  
**Email:** burgesst@hvgs.nsw.edu.au  
**Staff Room:** Senior Centre  
**Brief Description of activity/competition:** HVGS enters the HRIS Championships in Term 4 each year. These Championships act as a selection trial for AICES and CIS teams.  
**Year levels involved:** Years 7 - 12  
**Length of season or terms involved:** Term 4 and Term 1  
**Training times and venue:** Own private training required  
**Approx. costs involved:** N/A  
**Other requirements/information:** Students must be registered members of a club to compete at HRIS.  
**Equipment Required:** Own clubs

**Hockey**

**Co-ordinator:** Abbey Lindner  
**Email:** lindnera@hvgs.nsw.edu.au  
**Staff Room:** PE Staffroom  
**Head Coach:** Abbey Lindner  
**Brief Description of activity/competition:** Summer competition at Maitland Hockey Fields  
**Year levels involved:** K – Year 6  
**Length of season or terms involved:** 8 weeks in Term 4  
**Training times and venue:** One afternoon 3:00 – 4:00pm in Term 4 – day tbc  
**Approx. costs involved:** Approx $40 - rego and turf fees  
**Venue:** Maitland Hockey Centre  
**Equipment Required:** Mouthguard, shin pads and stick. HVGS sport shorts and soccer socks required
### Milo In2 Cricket

<table>
<thead>
<tr>
<th>Co-ordinator:</th>
<th>Tony Burgess</th>
</tr>
</thead>
<tbody>
<tr>
<td>Email:</td>
<td><a href="mailto:burgesst@hvgs.nsw.edu.au">burgesst@hvgs.nsw.edu.au</a></td>
</tr>
<tr>
<td>Staff Room:</td>
<td>Senior Centre</td>
</tr>
<tr>
<td>Head Coaches:</td>
<td>tbc</td>
</tr>
<tr>
<td>Brief Description of</td>
<td>A fun and educational program that introduces students to the game of cricket. The program uses skill drills and games to develop the skills used in cricket.</td>
</tr>
<tr>
<td>activity/competition:</td>
<td></td>
</tr>
<tr>
<td>Year levels involved:</td>
<td>K - Year 2</td>
</tr>
<tr>
<td>Length of season or</td>
<td>Term 4 only</td>
</tr>
<tr>
<td>terms involved:</td>
<td></td>
</tr>
<tr>
<td>Training times:</td>
<td>Tuesdays 3:15 – 4:00pm</td>
</tr>
<tr>
<td>Approx. costs involved:</td>
<td>Approx $60 registration fee</td>
</tr>
<tr>
<td>Venue:</td>
<td>Football Oval</td>
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### Netball

<table>
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<tr>
<th>Co-ordinator:</th>
<th>Rachael Hutchen</th>
</tr>
</thead>
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<tr>
<td>Email:</td>
<td><a href="mailto:hutchencr@hvgs.nsw.edu.au">hutchencr@hvgs.nsw.edu.au</a></td>
</tr>
<tr>
<td>Staff Room:</td>
<td>Junior School</td>
</tr>
<tr>
<td>Head Coach</td>
<td>Rachael Hutchen</td>
</tr>
<tr>
<td>Brief Description of</td>
<td>Maitland Netball Association competition - runs a Saturday, 14 competition rounds ending in 3 rounds of finals at Maitland District Netball courts. Gala days where appropriate. Other netball includes HRIS Primary &amp; Secondary Gala Day and any other invitation gala days</td>
</tr>
<tr>
<td>activity/competition:</td>
<td></td>
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<tr>
<td>Year levels involved:</td>
<td>K - 12</td>
</tr>
<tr>
<td>Length of season or</td>
<td>Term 1 through to Term 3</td>
</tr>
<tr>
<td>terms involved:</td>
<td></td>
</tr>
<tr>
<td>Training times and</td>
<td>Cameron Centre, Primary &amp; Secondary Netball Courts. Training - teams will have individual days Mon thru to Fri 3:15 to 4:00 or 4:30pm. More accurate individual time will be allocated at the beginning of 2008</td>
</tr>
<tr>
<td>venue:</td>
<td></td>
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<tr>
<td>Approx. costs involved:</td>
<td>Registration - ranges from $80 for learners to $150 for seniors. Uniform bodysuit approx $120 for all players</td>
</tr>
<tr>
<td>Other requirements/</td>
<td>Students and parents can be required to assist with a variety of duties from coaching &amp; managing teams, canteen duties, umpiring. Further representative opportunities are available to our talented Netballers. In Junior School there is a CIS team to play at PSSA. In Secondary School, HRIS, AICES and CIS teams are selected in U15 and Open divisions.</td>
</tr>
<tr>
<td>information:</td>
<td></td>
</tr>
</tbody>
</table>
**Rhee Taekwondo**

Co-ordinator: Chris Devorsine  
Email: devorsinec@hvgs.nsw.edu.au  
Staff Room: Junior School  
Head Coach: Qendon Clibbon  

Brief Description of activity/competition: Full tuition including progression through belts  
Year levels involved: Years K -- Adult  
Length of season or terms involved: All year  
Training times and venue: Wednesday 3.30pm - 4.30pm  
Approx. costs involved: $55 per month paid to Association  
Venue: Latter Hall

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**Rowing**

Co-ordinator: Tess Hardwick  
Email: hardwickt@hvgs.nsw.edu.au  
Staff Room: na  
Head Coach: Tess Hardwick  

Brief Description of activity/competition: HVGS competes in regattas run locally by the Central Districts Rowing Association, state wide by the NSW Rowing Association and School Championships run by the Independent Schools Rowing Association.  
Year levels involved: Years 7 to 12  
Length of season or terms involved: Training runs from the beginning of Term 3 to the end of Term 1 of the following year. The regatta season runs over terms 4 and 1.  
Training times: Weekday mornings 6.00 - 8.00am as well as Thursday in school sport time.  
Venue: School Boat Shed - Hunter River, Duckenfield Road, Berry Park.  
Approx. costs involved: Racing squad fee of $225 - $375 depending on squad. Rowing specific uniforms required approx. $250.  
Other requirements/information: Applicants must be able to swim 100 metres in sports clothing (verified by parent on application form). Rowers compete in school sports uniform but experienced rowers may choose to purchase racing singlets or zoot suits. Several regattas (3 or 4) require overnight accommodation. The School also has a Rowing Supporters Group in which parents are welcome to participate.


**Rugby**

**Co-ordinator:** John Guy  
**Email:** guyj@hvgs.nsw.edu.au  
**Staff Room:** Senior School Heads of House Office

**Head Coach**  
John Guy (Level 2 coach)

**Brief Description of activity/competition:** HVGS has five representative Rugby teams. Junior School players from Years 5 and 6 play in the Digby Rayward Shield. This is a Gala Day style competition featuring local schools. Players in Years 7 and 8 play in the NSWRU Schoolboys Tens, the Statewide Vince Fester Shield, and the HVGS sponsored Alumni Shield. Players in Years 9 and 10 also play in the NSWRU Schoolboys Tens, the Statewide Wiburd Shield and the HVGS sponsored McKendry Shield. The 1st XV play in the Statewide Waratah and Yeates' Shields. They also play in the HVGS sponsored Hawthorne Shield. This competition and the Alumni and McKendry Shields are regionally based and conducted on a round robin format. All other competitions are knockout in format. The 1st XV are involved in the Alumni Sporting Challenge in March of each year. It is mandatory for all players to wear mouthguards. Head gear is optional for players in Years 7-12 and compulsory for players in Years 5-6.

**Year levels involved:** Years 5 - 12  
**Length of season or terms involved:** Term 2 and Term 3 (Winter Terms)  
**Training times and Venue:** Training consists of a gym session on a Tuesday and a ball work session on Thursday. Training sessions run from 7.00am for the 1st XV. Other training times are dependent on the availability of the coaching staff. Rugby is a focus sport during Terms 2 and 3 and as such players will be involved in training sessions during Sport time.

**Approx. costs involved:** Costs are nil. Players are required to purchase HVGS rugby shorts and socks from the Uniform Shop. Members of the 1st XV have the opportunity to purchase individual playing strip. The cost is approximately $60.00.

**Other requirements/information:** Players are all required to have mouthguards. Players must have parental permission to play. Players can seek further representation through the CIS Primary Rugby Squad, the NSW Country Schools 16’s, Hunter All Schools, AICES, and NSW Country Schools 1st XV.
Rugby League

Co-ordinator: Gareth Hawgood
Email: hawgoodg@hvgs.nsw.edu.au
Staffroom: The Cameron Centre
Head Coach: Gareth Hawgood (Level 2)
Brief Description of activity/competition: HVGS enters the CIS Rugby League 7's Championships in the U14 and U16 divisions & Open division.
Year levels involved: Years 7 - 12
Length of season or terms involved: Term 3
Training times and Venue: Rugby Oval during sport time
Training times: Dependent on student availability, 2 lunch times a week or an afternoon session a week. Like to train up to 4 weeks prior to tournament
Other requirements/information: In the Secondary School CIS teams are selected in the 15 Years and Open divisions.

Swimming

Co-ordinator: Amanda Osmond
Email: osmonda@hvgs.nsw.edu.au
Staff Room: PDHPE
Head Coach: Amanda Osmond
Brief Description of activity/competition: Training for HRIS representatives after school carnival.
Year levels involved: Year 2 - Year 6
Length of season or terms involved: Term 1
Training times: 6.45am - 8am
Venue: East Maitland Pool
Approx. costs involved: $1.20 pool entry per student, breakfast supplied. HRIS Shirt - $15.00 if representing HRIS - purchase from Uniform Shop
Other requirements/information: Parental assistance required to provide breakfast at the end of the morning sessions
### Tennis

**Co-ordinator:** Prue Pullin (Secondary) /TBA (JS)

**Email:** pullinp@hvgs.nsw.edu.au

**Staff Room:** A Block – Communications – Prue Pullin

**Brief Description of activity/competition:** HVGS competes in HRIS Tennis annually in Yrs 5/6; as well as Junior and Senior Secondary. These events lead to AICES and CIS Levels as a team’s event. Additionally, students enter AICES and CIS individual events, providing pathways for access to State and National Representation. A Year 4 introduction to tennis is held during Term 3

**Year levels involved:** Yrs 4 to 12

**Length of season or terms involved:**
- Primary: Term 3 Weeks 3 – 11
- Secondary: Terms 1 & 4

**Training times and venue:** Prior to HRIS Events in Terms 1 and 4, teams train for two afternoons, or lunchtimes per week, at HVGS courts.
- Primary: Day (T.B.A) 3.00p.m – 4.00p.m

**Approx. costs involved:** Additional coaching available offered by Hunter Tennis Resort.

**Other requirements/information:** Applicants must be players engaged at a competitive level, usually who have had some coaching and prior competitive experience.

**Primary:** A beginner’s coaching programme aimed at introducing students to basic tennis routines

### Touch Football

**Co-ordinator:** Sarah Vesper

**Email:** vespers@hvgs.nsw.edu.au

**Staff Room:** Junior School

**Head Coach** Elissa O’Brien (Level2)

**Brief Description of activity/competition:** HVGS Co-curricular teams play in the Wallsend and Maitland Junior Competition during the summer terms. HVGS selects representative teams to participate in Year 7/8 – 9/10 NSW All Schools Gala Days (Term 2,3) and HRIS Open and 15 Years Gala Days (Term 4)

**Year levels involved:** Years 2 – 12

**Length of season or terms involved:** Various times throughout the year.

**Training times:**
- Training times: Term 4 3:10 – 4:00pm and some sport time trainings

**Venue:** Rugby Oval

**Approx. costs involved:**
- The Wallsend Touch fee is approx $75
- The Maitland Touch fee is approx $75

**Other requirements/information:** In the Secondary School, HRIS, AICES and CIS teams are selected in the 15 Years and Open divisions.
Academic Support Program

Co-ordinator: Anne Kitchener
Email: tutoring@hvgs.nsw.edu.au
Staff Room: Science
Brief Description of activity/competition: Students are supported in working on homework and assessment tasks using resources available in the classroom.
Year levels involved: Years 7-12
Length of season or terms involved: All year with the exception of week 1 each term
Venue: D Block
Training times and venue: Tuesday, Wednesday and Thursday from 3:15pm – 4:30pm
Approx. costs involved: Nil
Other requirements/information: Students are expected to work on homework and assessment tasks. Students are to follow classroom rules
Equipment required: Students to bring own materials and assessment tasks to complete

ASX Sharemarket Game

Co-ordinator: Amanda King
Email: kinga@hvgs.nsw.edu.au
Staff Room: D Block - Humanities
Head Coach: Amanda King
Brief Description of activity/competition: 10 week program, students are allocated a hypothetical $50000 to buy shares in order to increase the value of their portfolio
Year levels involved: Years 7-12
Length of season or terms involved: February to May
Training times and venue: Lunchtimes for direction as to how to use and interpret the information as well as getting assistance as required. Can be completed at home.
Approx. costs involved: nil
**Australian Business Week**

Co-ordinator: Amanda King  
Email: kinga@hvgs.nsw.edu.au  
Staff Room: D Block - Humanities  
Head Coach: Anne Fullick  

**Brief Description of activity/competition:** Students are divided into 'companies'. Each company runs a simulated business for a two year period. During the week they are required to make decisions related to the running of the business, make a promotional video, radio advertisement, business report, oral presentation and trade display.

**Year levels involved:** Year 10  
**Length of season or terms involved:** One week intensive program during Term 4  

**Training times and venue:** A preparation session in the week preceding the program and a full week program on campus.

**Approx. costs involved:** Cost borne by the School.

**Other requirements/information:** Students will be out of uniform during this week. They will be wearing business attire. Please note this may not mean a suit. It will depend on the market their group 'company' is targeting.

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**Chess**

Co-ordinator: Derek Fisher and Julian Beath (Sec/Senior Sec) / Samantha Ducey (JS)  
Email: fisherd@hvgs.nsw.edu.au, beathj@hvgs.nsw.edu.au / duceys@hvgs.nsw.edu.au  
Staff Room: A Block / Junior School  
Head Coach: Derek Fisher  

**Brief Description of activity/competition:** Lunch club with Julian Beath for interested students and Inter-school competition with Derek Fisher for secondary students. Lunch time and inter-School competition with Sam Ducey for Junior School.

**Year levels involved:**  
Club: K - Year 6 / Years 7-12  
Competition: K - Year 6 / Years 7 - 12

**Length of season or terms involved:** Club and Competition - All year round

**Training times and venue:** Email the relevant teachers for further information

**Approx. costs involved:** No costs for regular involvement. However, a Chess Program will be on user pay basis.

**Equipment Required** Provided by the school
## Debating - HICES

<table>
<thead>
<tr>
<th><strong>Co-ordinator:</strong></th>
<th>Mr Nick Jolliffe (Head of English)</th>
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<tr>
<td><strong>Staff Room:</strong></td>
<td>A Block</td>
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<tr>
<td><strong>Head Coach:</strong></td>
<td>Nick Jolliffe</td>
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<tr>
<td><strong>Brief Description of activity/competition:</strong></td>
<td>Term 1-3 – Regional Competition, Inter-Regional Competition and Finals</td>
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<table>
<thead>
<tr>
<th><strong>Year levels involved:</strong></th>
<th>Years 5-12</th>
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</thead>
<tbody>
<tr>
<td><strong>Length of season or terms involved:</strong></td>
<td>Junior Team-Year 5-6; Middle School - Year 9; Senior School – Year10-11; Open Division Year 11 or 12.</td>
</tr>
<tr>
<td><strong>Training times and venue:</strong></td>
<td>Lunch times Term 1, 2, 3</td>
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<tr>
<td><strong>Approx. costs involved:</strong></td>
<td>Nil</td>
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<tr>
<td><strong>Equipment Required</strong></td>
<td>Full dress uniform</td>
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## Debating - HRIS

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<td><strong>Head Coach:</strong></td>
<td>Nick Jolliffe</td>
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<tr>
<td><strong>Brief Description of activity/competition:</strong></td>
<td>A round robin single day event held at nominated host Schools in the Newcastle/Hunter Region</td>
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</tbody>
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<table>
<thead>
<tr>
<th><strong>Year levels involved:</strong></th>
<th>Years 6 - 8</th>
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<tbody>
<tr>
<td><strong>Length of season or terms involved:</strong></td>
<td>1-2 teams from each year group (Year 6 - 8)</td>
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<tr>
<td><strong>Training times and venue:</strong></td>
<td>Lunch times during Term 3</td>
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<tr>
<td><strong>Approx. costs involved:</strong></td>
<td>Nil</td>
</tr>
<tr>
<td><strong>Equipment Required</strong></td>
<td>Full dress uniform</td>
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</tbody>
</table>
**Drama Club (Junior School)**

Co-ordinator: Emma Wood  
Email: woode@hvgs.nsw.edu.au  
Staff Room: Junior School  
Brief Description of activity/competition: Students will enjoy a range of activities that will extend their ability to improvise, think creatively and use their faces, voices and bodies expressively.  
Year levels involved: Junior group K-2  
Senior group 3-6  
Length of season involved: All year  
Training times and venue:  
Junior Primary – 3:15pm – 3:45pm – day to be advised  
Senior Primary – 3:15pm – 4:15pm – day to be advised  
Approx. costs involved: Nil  
Other requirements/information: Co-operation and social engagement will be a large focus of the classes and each semester a short showcase of student work will be performed for interested family and friends.  
Equipment Required: Nil

**Drama Club**

Co-ordinator: Jennifer White  
Email: whitej@hvgs.nsw.edu.au  
Staff Room: Head of Year Office, Performing Arts Centre  
Brief Description of activity/competition: A series of workshops for Year 8 students who are looking to extend their knowledge of drama and are prepared to create projects for performance  
Year levels involved: Year 8 (maximum of 20 students)  
Length of season or terms involved: Terms 1 - 4  
Training times and venue: Yet to be confirmed  
Approx. costs involved: Approx. $40 for production shirts  
Venue: Drama Studio
Drama Performance

Co-ordinator: Jennifer White
Email: whitej@hvgs.nsw.edu.au
Staff Room: Head of Year Office, Performing Arts Centre
Brief Description of activity/competition: School production
Year levels involved: Years 9-12
Length of season or terms involved: Terms 1 & 2
Training times and venue: Email in the New Year for details
Approx. costs involved:

Duke of Edinburgh Awards

Co-ordinator: Rick Walker
Email: walkerr@hvgs.nsw.edu.au
Staff Room: IT Block
Head Coach: Rick Walker
Brief Description of activity/competition: An award centred around 4 activities of Physical Recreation, Community Service, Expedition and Skills. Each carried out for a certain time period with a regular commitment. Award is based upon 3 levels Bronze, Silver and Gold each requiring a greater commitment.
Ages involved: Age 14 to 25
Length of season or terms involved: All year as the time and interests of the student allows.
Training times and venue: The times vary as the candidate completes an activity. This time commitment can be incorporated in existing activities or may require an extra commitment. For example, Netball may meet the requirements for Physical Recreation and can be existing netball games, while a skill could be reading and may require an at home commitment.
Approx. costs involved: $100 to begin at Bronze Level and $100 per level after that as well as any associated costs with completing any of the activities.
Equipment Required: As required to carry out the required activities.
**Environmental Club**

Co-ordinators: Susan Walmsley  
Email: walmsleys@hvgs.nsw.edu.au  
Staff Room: Student Services Office - Library  
Brief Description of activity/competition: A range of environmental activities to highlight issues such as global warming, the benefits of recycling, composting, resisting chemical control in food production and the need to protect habitats and biodiversity. Students will be given the opportunity to promote the environmental cause within and external to the School. Other activities will include organic gardening and learning about other environmental groups.  
Year levels involved: Years 7 - 11  
Length of season or terms involved: All year  
Training times: Lunch time (to be advised).  
Venue: Library area  
Approx. costs involved: Nil.  
Other requirements/information: Students are expected to follow correct safety procedures for all activities  
Equipment Required: Provided by Environmental budget.

**History Club**

Co-ordinators: Julian Beath  
Email: beathj@hvgs.nsw.edu.au  
Staff Room: A Block  
Brief Description of activity/competition: History Club focuses on the construction of History (such as podcasts, family history, documentaries) and entering history competitions.  
Year levels involved: Years 7 - 12  
Length of season or terms involved: All year (Terms 1-4)  
Training times: Lunch time  
Venue: D1  
Approx. costs involved: $200 (entry fee for competitions)  
Other requirements/information: Students will meet weekly with Julian Beath in D1 to work on a range of different projects.  
Equipment Required: Nil
Hunter Schools Improvisation Challenge

Co-ordinators: Derek Fisher
Email: fisherd@hvgs.nsw.edu.au
Staff Room: A Block - Communications
Brief Description of activity/competition: Teams of four compete against other schools in a Theatresports competition doing improvisational acting activities
Year levels involved: Years 9 and 10
Length of season or terms involved: June and August
Training times: Various lunchtimes throughout June and August
Venue: Competition venues – Newcastle Repertory Theatre, Lambton
Approx. costs involved: Lunch on the days of competition
Other requirements/information: May need parent help for transport
Equipment Required: Drama blacks to perform in

Lego Robotics

Co-ordinator: Owen Redhead (MS/SS) / Cameron Wallace (JS)
Email: redheado@hvgs.nsw.edu.au / wallacec@hvgs.nsw.edu.au
Staff Room: F Block Office – Owen Redhead / Junior School – Cameron Wallace
Head Coach: Owen Redhead
Brief Description of activity/competition: Interest groups run at designated lunch times where students learn to program and play with Lego Mindstorms and their applications. JS students will also explore connex.
Year levels involved: Open
Length of season or terms involved: Dependant on interest
Training times and venue: Wednesday Lunchtime in F3 for Secondary School (subject to change) / Friday Lunchtime in 6W for Junior School.
Approx. costs involved: Nil
Other requirements/information: Nil
Equipment Required: Nil
**Lions Youth of the Year**

Co-ordinator: Nick Jolliffe (Head of English)  
Email: jolliffen@hvgs.nsw.edu.au  
Staff Room: A Block - English  
Head Coach: Nick Jolliffe  
Brief Description of activity/competition: Selected students attend an interview and deliver both a prepared and impromptu speech on a topic of their choice.  
Year levels involved: Yrs 10, 11, 12  
Length of season or terms involved: November - February  

Training times and venue: Speeches rehearsed in A Block prior to event  
Approx. costs involved: Nil  
Other requirements/information: Successful local winners, proceed to regional level

**Meditation Group**

Co-ordinator: Jennifer White  
Email: whitej@hvgs.nsw.edu.au  
Staff Room: Head of Year Office, Performing Arts Centre  
Brief Description of activity/competition: Weekly meditation session to manage stress and encourage emotional balance  
Year levels involved: Years 10 – 12 (maximum 30 students)  
Length of season or terms involved: Terms 1 - 4  
Training times and venue: TBC  
Approx. costs involved: Nil  
Venue: Drama studio  
Other requirements/information:
Mock Trials

Co-ordinator: John Guy
Email: guyj@hvgs.nsw.edu.au
Staff Room: D Block, Humanities

Brief Description of activity/competition: Students compete against other schools in a moot case performed in a court room. Students take on the roles of witnesses, court officials, solicitors and barristers

Year levels involved: Year 11

Length of season or terms involved: Four rounds during Term 1 and 2. Elimination rounds following this.

Training times and venue: Lunchtimes and afternoons as required

Approx. costs involved: Costs borne by the school

Venue: Drama studio

Other requirements/information: Cases may be conducted both in and outside school hours

Equipment Required: Nil, provided

Online Global Challenge

Co-ordinator: Amanda King
Email: kinga@hvgs.nsw.edu.au
Staff Room: D Block – Business & Humanities

Head Coach: Amanda King

Brief Description of activity/competition: Students form ‘companies’ that run a simulated business for a two year period. They are required to make decisions related to the running of the business, make a video prototype and business report.

Year levels involved: Year 11, selected students based on their interest and commitment to the inschool ABW program they completed previously.

Length of season or terms involved: 10 week program

Training times and venue: All sessions are conducted during lunchtimes yet students will be required to undertake additional tasks in their own time.

Approx. costs involved: Costs borne by the school

Other requirements/information: The top 8 companies in Australia win the right to go to compete in a 26 hour challenge over a weekend at HVGS with the best entry representing Australia.

Equipment Required: Nil, all provided
**Parental Polygots**

Co-ordinator: Sharon Cashen  
Email: cashens@hvgs.nsw.edu.au  
Staff Room: H3  
Head Coach  
Brief Description of activity/competition: Language lessons for parents to assist them in helping their children. Classes will be taught by HVGS Staff.  
Year levels involved: All  
Length of season or terms involved: Semester 1 and 2  
Training times and venue: Tuesday 5.00pm – 6.00pm  
H Block Classrooms  
Approx. costs involved: Nil  
Other requirements/information: None  
Equipment Required: Note book and pen

**Multimedia@HVGS**

Co-ordinator: Grenville Axford  
Email: axfordg@hvgs.nsw.edu.au  
Staff Room: I Block Office  
Head Coach: Grenville Axford  
Brief Description of activity/competition: Introducing students to the multimedia being used at HVGS. Students can be involved in gathering media throughout the year (particularly at school events) - also editing and displaying the media around the school. Programs used will be Adobe Fireworks, Adobe Premier Pro and Adobe After Effects.  
Year levels involved: Is open to all Secondary School Students  
Length of season or terms involved: 4 Terms  
Training times and venue: Every Thursday lunch time in I2. Additional time (when needed) will be Thursday from 3:15pm – 4:15pm.  
Approx. costs involved: Nil  
Other requirements/information:  
Equipment Required: Students will need to bring their own Earphones
**Philosophy Club 101**

Co-ordinator: Kelli Green  
Email: greenk@hvgs.nsw.edu.au  
Staff Room: D Block, Business & Humanities  
Brief Description of activity/competition: Philosophy Club 101 explores Western philosophy and its responses to the fundamental questions in human thought and activity. The study of philosophy encourages skills of logical thinking, arguing a case, critical evaluation, analysis and organising information. These skills are necessary across the curriculum. Each term will focus on a different period in human history; Ancient to Contemporary philosophy and philosophers. Term 2 will focus on The Island Game; a group competition task in preparation for entry into Philosothon.

**Year levels involved:** Years 7 - 12  
**Length of season or terms involved:** All year  
**Meeting Times:** Lunchtime Monday in week A  
**Venue:** D7 classroom  
**Approx. costs involved:** Nil  
**Other requirements/information:** Philosothon, a completion / event held in July that encourages high school students to investigate ethical and other philosophical dilemmas over 3 days. There are guest speakers, discussions and Year level prizes are awarded to individuals and groups. More information at www.philosothon.org

**Photography Club**

Co-ordinator: Nadine McVernon  
Email: mcvernonn@hvgs.nsw.edu.au  
Staff Room: Visual Art Block  
Head Coach: Nadine McVernon  
Brief Description of activity/competition: Students will enter photography competitions and display their work as part of an exhibition.

**Year levels involved:** Years 10, 11 & 12  
**Length of season or terms involved:** All year  
**Training times and venue:** One afternoon per week (to be confirmed) and one lunch time (to be advised)  
**Approx. costs involved:** $20  
**Other requirements/information:** Photographic paper and chemicals (subject to choices students will make)

**Equipment Required** Camera
### Public Speaking

**Co-ordinator:** Nick Jolliffe (Head of English)  
**Email:** jolliffen@hvgs.nsw.edu.au  
**Staff Room:** A Block - English  
**Head Coach:** Nick Jolliffe  
**Brief Description of activity/competition:** Various promoted public speaking competitions including Rotary and the SMH Public Speaking Competition.  
**Year levels involved:** Years 10 & 11  
**Length of season or terms involved:** Term 1  
**Training times and venue:** A Block classrooms  
**Approx. costs involved:** Various entry fees depending on the competition if applicable.  
**Other requirements/information:** Additional information published annually for each competition.

### Recording Group

**Co-ordinator:** Mr Brett Thomas  
**Email:** thomasb@hvgs.nsw.edu.au  
**Staff Room:** A Block - Communications  
**Brief Description of activity/competition:** Students will be trained in the skills of recording music and audio presentations. The sessions for these will vary, and students should be available at a variety of times during the school day, mostly lunch times, but after school as well. Students who can stay after school for one afternoon per week would be preferred.  
**Year levels involved:** Years 9 - 12  
**Length of season or terms involved:** All year  
**Recording times:** One afternoon and one lunch time per week to be arranged.  
**Venue:** Recording studio in the Music block.  
**Approx. costs involved:** Nil.  
**Other requirements/information:** Students are expected to maintain and care for all of the audio equipment in the recording studio.  
**Equipment Required:** Provided by School.
Sound and Lighting

Co-ordinator: Mr Brett Thomas
Email: thomasb@hvgs.nsw.edu.au
Staff Room: A Block - Communications
Brief Description of activity/competition: Students will be trained in the skills of setting up audio-visual equipment for school functions and productions, and in operating sound mixing and lighting consoles. Students will be required to attend functions outside of school hours (eg; the school musical or the HRIS cultural festival) on a rotational basis.
Year levels involved: Years 7 - 11
Length of season or terms involved: All year
Training times: Called through daily notices, as well as all assemblies and school functions requiring Audio-Visual equipment.
Venue: V2, Cameron Centre, Latter Hall and others
Approx. costs involved: Nil.
Other requirements/information: Students are expected to maintain and care for all of the audio-visual equipment used for school functions.
Equipment Required: Provided by School venues.

Student Representative Council

Co-ordinator: Andrea Ferguson (Secondary/Senior Secondary School) / Belinda Polwarth (Junior School)
Email: fergusona@hvgs.nsw.edu.au / polwarthb@hvgs.nsw.edu.au
Staff Room: B Block / Junior School
Brief Description of activity/competition: Students represent their peers and the school in a range of community service and charitable work as well as providing a forum for students to raise issues of concern
Year levels involved: K – 12
Length of season or terms involved: Secondary & Senior Secondary – all year / JS – all year
Meeting times: These vary depending on the sub-school but are usually held at lunchtime as required (usually 2-3 times per term)
Approx. costs involved: Nil, but students are expected to support the various charities and foundations that the school supports including Stage 3 students assisting with weekly recycling rosters
**Tournament of Minds**

**Co-ordinator:** Derek Fisher (Secondary) / Ross Murdoch (Junior School)

**Email:** fisherd@hvgs.nsw.edu.au / murdochr@hvgs.nsw.edu.au

**Staff Room:** A Block – Communications - Derek Fisher  
Junior School – Ross Murdoch

**Head Coach**  
Facilitators selected to the four disciplines of study

**Brief Description of activity/competition:** Solutions to problems involving creative thinking and collaboration in Maths Engineering, Language Literature, Social Sciences and applied Technology

**Year levels involved:** Years 3 – 12

**Length of season or terms involved:** Term 2 and Term 3

**Training times and venue:** Junior School - Varies between 2-3 sessions per week  
Lunchtimes, Recess and one period of release per facilitator  
Years 7 – 10 - 2 lunchtimes and 2 afternoons for six weeks in A Block.  
Competition day at Newcastle University

**Approx. costs involved:** Cost borne by the School

**Other requirements/information:** Question booklet handed to each participant

**Equipment Required**  
Materials to make costumes, props etc

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**Wetlands**

**Co-ordinator:** Janne Alexander

**Email:** alexanderj@hvgs.nsw.edu.au

**Staff Room:** Junior School

**Brief Description of activity/competition:** Wetlands group Thursday Lunchtimes. Activities include planting, mulching, watering, weeding, and pond study in the wetland area and other activities organised by Year 6 Wetland Leaders. We now have 6 tank garden beds where we grow a variety of vegetables, so there is always planting, fertilising, watering and picking to be done. In addition to this we have 8 fruit trees and a variety of herbs and passionfruit vines. We also run a composting program throughout the Junior School on a daily basis. Rhino buckets are distributed in the morning and collected after the lunch break. This year we have begun to erect a rock wall along the drain which feeds into the wetland area in order to stop the extensive erosion.

**Year levels involved:** Years K - 6

**Length of season** All Year

**Training times and venue:** Wetlands  
Thursday Lunchtime

**Approx. costs involved:** Nil. We work from Wetlands budget

**Other requirements/information:** Mr Andrew McPherson (parent) is a great support. He comes every Thursday and at other times.

**Equipment Required**  
Nil