







Hunter Valley
Grammar School



Elite Athlete Program

For 2024 Entry

Students Entering Years 7-11

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Elite Athlete Program 2024

The Elite Athlete Program (EAP) recognises students whose success in their chosen field has propelled them into highly competitive levels of sport. Often success at this level places extraordinary time demands on a student. HVGS advocates a holistic and personalised approach to supporting student learning. The EAP provides options for flexible learning to these students so they can pursue their sporting and academic goals concurrently.

Nominations for the HVGS Elite Athlete Program can be submitted by parents/carers or by the School (HVGS). On the receipt of the nomination, the EAP committee will review the applications, requesting interviews as needed.

Should a student be accepted, the relevant EAP level will be determined, and confirmation will be issued (see Page 2). The offer will be reviewed yearly. The offer may be terminated by the School at any time, should the student breach any School Policy, or the responsibilities as outlined in the stakeholder responsibilities.

Eligibility

All applicants must:

- Be a current HVGS student.
- Have achieved selection for their nominated sport at Regional, State, National or International level.
- Demonstrate a commitment to training and/or coaching, either within HVGS or with external opportunities.
- Demonstrate strong approaches to learning skills.
- Demonstrate the HVGS School Values and involvement in the School community.

EAP Application Fee

All applicants must pay the \$150 non-refundable Elite Athlete Program Application Fee.

Obligations

Students will be expected to:

- Be actively committed to the HVGS sport program i.e. participation in HVGS Rep teams, attending training for Rep teams (where possible), attending Strength & Conditioning sessions.
- Maintain communication regarding external sports commitments, peak training periods, foreseen clashes with academic tasks, regularly meeting with a nominated HVGS EAP mentor.
- Commitment to the School's values in all aspects of their school life.
- Maintain conscientious effort across all subjects (to be reviewed with each academic reporting period).

Parents will be expected to:

- Maintain communication with the EAP Mentor providing information regarding training and performance demands.
- Act as a communication conduit between the school and other external supports for the athlete, i.e. outside coaches or trainers.
- Support their child to meet their academic requirements.

HVGS will be expected to:

- Maintain communication with student, parent and other HVGS staff.
- Provide access to academic and wellbeing support for the student.
- Review each student's case load on a bi-yearly basis.

Contacts Us

For all enquiries about the Elite Athlete Program, please contact the School:

Email: EAP@hvgs.nsw.edu.au

Phone: 02 4932 2344



Elite Athlete Program

Provisions

There are two levels of provisions which may be available to students accepted to the EAP, as detailed below. Such provisions may be adjusted throughout the year as a response to the changing needs of the student. Places are capped for the Elite Athlete Program.

Level 1

Entry Level

Criteria

Students are engaged in their field at a Regional or State level and training/practice and performance involves approximately 10 hours of time per week. This is in addition to any HVGS commitment they may have.

EAP Academic and Wellbeing Mentor

A school-based EAP Mentor will be appointed to provide support, advice and guidance to HVGS EAP Students. They will meet with EAP students to assist them with balancing their study and sport commitments.

The Mentor will:

- act as a communication conduit between the student, parents/carers and significant HVGS staff
- Support the development of the student's time management and self-management skills.

Access to Academic Plus Tutoring

'Drop in' access to the HVGS Academic Plus Tutoring Services, as the student's schedule allows.

EAP Academic and Wellbeing Mentor

Provision of additional sports related education, such as:

- guest speakers
- sport preparedness
- self-management and study skills development
- biomechanics education.

Strength and Conditioning

Access to weekly Strength and Conditioning sessions, without cost.

Level 2 Elite Level

Criteria

Students are engaged in their field at a State, National or International level and training/practice and performance involves in excess of 14 hours of time per week, on average. This is in addition to any HVGS commitment they may have. Students in Level 2 provisions will also access the Level 1 provisions.

An EAP provides flexibility for students to meet both their sport and curriculum commitments through curriculum accommodations.

Support plan accommodations may include but are not limited to:

Year 7 and 8 Students

- May continue to elect to study a full academic program, or
- May have adjustments made around curriculum requirements (content, attendance, assessment).

Customized Elite Athlete Support Plan (EASP)

Year 9 and 10 students:

- May continue to elect to study a full academic program, or
- May have adjustments made around curriculum requirements (content, attendance, assessment).
- May be provided study blocks during the school day.

Year 11 and 12 students (in addition to the above):

- May elect to undertake this study over 3 years through NESAs pathway
- May elect (Athletes sports) related career studies through the CP pathway.

Future Pathways Advice

Head of Futures and Careers, Head of Curriculum Year 11 & 12 and Director of Sport SS to provide support to identify post school options.

Travel Grants

May be provided to student athletes who are selected in a team that requires travel interstate or overseas for competition. Grants of up to \$500 subject to assessment of need/merit may be applied for.



How to Apply

All HVGS Elite Program applicants must:

1. Submit an online Application and pay the \$150 non-refundable Elite Athlete Program Application Fee.
2. Submit a Portfolio showing that the applicant has reached an outstanding level in sport achievement and their Representative history of their nominated Sport(s). Please include:
 - Copies of sporting certificates, medals, awards and provide a short summary of the information provided in the Portfolio (dot points accepted).
 - Statement summarising the applicants sporting goals for the next 12 months, current training commitments and anticipated training commitments.
3. Provide a statement describing **"Why you would like to be a part of the Elite Athletes Program at HVGS and what does it mean to you?"**
4. Provide a written reference from your current sport coordinator and/or sport coach.

Timeline

25 August 2023

EAP Applications Open for 2024 entry

1 October 2023

EAP Applications Close for 2024 entry

Applicants must have submitted all documentation on or before this date.

October 2023

EAP submissions reviewed

1 November 2023

Successful and unsuccessful applicants

Applicants will be notified about the outcome of their application.



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